



**Lalit Narayan Mithila University, Inter-College Athletics Meet, 2022-23**  
**Organized by**  
**Samastipur College, Samastipur**  
**09<sup>th</sup> – 11<sup>th</sup> December, 2022**  
**Tentative Event Schedule**



**1. Opening Ceremony/March past**

**Date: 09-12-2022**

**Time 11:00 AM – 12:30 PM**

**2. Tentative Event Schedule**

<b>Date</b>	<b>Event</b>	<b>Category</b>	<b>Phase</b>	<b>Time</b>	<b>Venue</b>	
09-12-2022	100 M Race	Men	Heats I	1:00 PM	Play Ground	
	100 M Race	Women	Heats I	1:30 PM		
	High Jump	Men	Final	2:00 PM		
	400 M Race	Men	Heat I	2:30 PM		
	Shot Put	Women	Final	2:45 PM		
	High Jump	Women	Final	3:30 PM		
	1500 M Race	Men/Women	Final	04:00 PM		
10-12-2022	5000 M Race	Men/Women	Final	07:00 AM	Play Ground	
	100 M Race	Men	Heats II	08:30 AM		
	400 M Race	Women	Heats-I	09:00 AM		
	400 M Race	Men	Heats-II	09:30 AM		
	Javelin Throw	Women	Final	10:00 AM		
	Shot Put	Men	Final	10:30 AM		
	200 M Race	Men	Heat-1	11:30 AM		
	Lunch Break (12:00 Noon – 1:00 PM)					
	200 M Race	Women	Heats-1	1:00 PM		
	200 M Race	Men	Heats-11	1:30 PM		
	Discus Throw	Men	Final	2:00 PM		
	Discus Throw	Women	Final	2:30 PM		
	Long Jump	Men	Final	3:00 PM		
	200 M Race	Women	Final	3:45 PM		
	800 M Race	Men	Final	4:00 PM		
11-12-2022	10000 M Race	Men/Women	Final	7:00 AM	Play Ground	
	100 M Race	Women	Heats II	8:30 AM		
	400 M Race	Women	Final	9:00 AM		
	200 M Race	Men	Final	9:30 AM		
	Long Jump	Women	Final	9:30 AM		
	Javelin Throw	Men	Final	10:30 AM		
	400 M Race	Men	Final	11:00 AM		
	800 M Race	Women	Final	11:05 AM		
	Triple Jump	Men	Final	11:15 AM		
	Triple Jump	Women	Final	11:30 AM		
	Lunch Break (12:00 Noon – 1:00 PM)					
	100 M Race	Women	Final	01:00 PM		
	100 M Race	Men	Final	01:30 PM		
	4 X 100 M Relay	Women	Final	01:45 PM		
	4 X 100 M Relay	Men	Final	02:00 PM		

**3. Prize Distribution and Closing Ceremony**

**Date: 11-12-2022**

**Time 03:00 PM**

**Note:** The schedule of events may be changed at the discretion of the organising committee.

Dr. Rahul Manhar  
Organizing Secretary

Mr. Rampriti Yadav  
Convenor

Dr. Satyen Kumar  
Principal/Chairman